

Rheumatism

2oz Kidney wort
 2oz Sena
 2oz Thoroughwort
 2oz Gold en seal
 2oz Yellow Dock Root
 1oz Guacum chips

Steep 4 pts to 3 pts
 Strain add cup white Sug
 when cold add 1/2 pt Jamaica
 rum, take 3 table spoon
 1/2 hour before eating
 a poultice on S

teaspoon Ginger
 Mustard
 flour
 all spice

Mix in warm water
 spread thin 3 nights
 in success, wear piece
 black silk across chest all time

Mar Rheumatism
 2 oz kidney wort
 2 oz Sena
 2 oz Thoroughwort
 2 oz gold en seal
 2 oz Yellow Dock Root
 1 oz Guacum [?] chips
 Steep 4 pts to 3 pts
 Strain add cup white sugar
 when cold add 1/2 pt Jamaica
 rum. take 3 tables poon
 1/2 hour before eating
 a poultice on S

teaspoon Ginger
 mustard
 flour
 all spice
 mix in warm water
 spread thin 3 nights
 in success. wear piece
 black silk across chest all time

Contributed to Maine Memory Network by Leeds Historical Society
MMN # 99377

Date: 1860

Description: Rheumatism and poultice Recipe