

Dear sir,

Hallowell, April 9, 1801.

I recommend the bearer to your lancet, as far as 8 or 10 ounces of blood, as he is going to sea, & may there vomit & may be some time before he gets another bleeding. His pulse does not repeat the beats quickly, but it makes a quick stroke; & though not very full to the finger, yet is evidently laboring. After he has been blood-ed, sooner or later, I expect a change in his pulse indicating more fully to an unexperienced person the necessity of bleeding.

I recommend a good dose of salts after the bleeding, some of your pills, & cream of tartar & brimstone to be taken daily in quantity to procure one or two loose motions at the most. His diet must be milk & vegetables for a time; & while his pains last, the lancet must be applied once in the week.

Yours sincerely,
Vh

Hallowell, April 9, 1801

Dear sir,

I recommend the bearer to your lancet, as far as 8 or 10 ounces of blood, as he is going to sea, & may there vomit & may be some time before he gets another bleeding. His pulse does not repeat the beats quickly, but it makes a quick stroke; & though not very full to the finger, yet is evidently laboring. After he has been blood-ed, sooner or later, I expect a change in his pulse indicating more fully to an unexperienced person the necessity of bleeding.

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Yours sincerely,
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Date: April 9, 1801

Description: Vaughan Benjamin letter to a Dr. Page about bloodletting for a patient.